



# Helping Families Get Health Care

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**211 is the Community Resource Line** or visit [crisisclinic.org](http://crisisclinic.org)

*Staff speak Spanish. Phone interpreters for other languages.*

**DSHS On-line CSO** <https://fortress.wa.gov/dshs/f2ws03esaapps/onlinecso/cover.asp>

Order DSHS applications, find your local CSO, learn what benefits you may be eligible for, and more.

**DSHS Customer Relations Unit** 1-800-865-7801

Call if you are having problems or concerns with DSHS that are not being addressed adequately at the local CSO level. *Staff speak Spanish.*

**Community Health Access Program (CHAP)** 206-284-0331 or 1-800-756-5437

For medical and dental referrals, for Children with Special Health Care Needs services, for access to the Washington Breast and Cervical Health Program, and for assistance in applying for Medicaid or CHIP. *Staff speak Spanish. Phone interpreters are available for other languages.*

**Directory of Providers for Medicaid/Healthy Options and the Basic Health Plan:**

<http://fortress.wa.gov/dshs/maa/ipndweb/>

**Public Health Seattle & King County** 206-296-4600 [www.kingcounty.gov/health](http://www.kingcounty.gov/health)

Find Updates, info on medical coverage, flyers and more at [www.kingcounty.gov/health/insurance](http://www.kingcounty.gov/health/insurance)

Dentists accepting Children's DSHS Medical coupons are listed at [www.kingcounty.gov/health/kgc/abcd](http://www.kingcounty.gov/health/kgc/abcd)

**Red Cross Language Bank** 206-323-6565 ext. 13250 for Spanish

(King County) ext. 13251 for other languages

Volunteer interpreters and translators are available to assist non-profit agencies and individuals.

**Transportation Broker** <http://fortress.wa.gov/dshs/maa/Transportation/phone.html>

1-800-923-7433 (King County) 1-800-925-5438 (Pierce County)

Transportation for Medicaid patients that have no other transportation to their medical appointment.

*Staff speak Spanish and Russian. Phone interpreters for other languages.*

**Washington Basic Health Program** 800-826-2444 [www.basichealth.hca.wa.gov](http://www.basichealth.hca.wa.gov)

**Washington State Insurance Commissioner** 1-800-562-6900 [www.insurance.wa.gov](http://www.insurance.wa.gov)

and **SHIBA (Statewide Health Insurance Benefits Advisors) Helpline** 1-800-397-4422

For information on health insurance, including coverage for the elderly and disabled.

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*This was compiled by Access and Outreach, Public Health - Seattle & King County.*

*Contact us for more information on helping families access health care.*

Cathy Aby 253-874-7642 [cathy.abby@kingcounty.gov](mailto:cathy.abby@kingcounty.gov)


Daphne Pie 206-205-5196 [daphne.pie@kingcounty.gov](mailto:daphne.pie@kingcounty.gov)

### More kids qualify for free or low-cost health coverage !

**NEW:** Apple Health for Kids now includes families with incomes up to 300%FPL.

- Washington Apple Health for Kids is the new name for DSHS Children's Medical Programs.
- Kids in families meeting the income guidelines can qualify regardless of citizenship or immigration status.
- Applications and flyers are at [www.kingcounty.gov/health/insurance](http://www.kingcounty.gov/health/insurance). Or use the Benefits Finder at [www.parenthelp123.org](http://www.parenthelp123.org)

New: April 2009 Income Guidelines.

Family Size		
	Free	Low-Cost*
1	Up to \$1,805 per month	up to \$2,708
2	Up to 2,429	up to 3,643
3	Up to 3,052	up to 4,578
4	Up to 3,675	up to 5,513
5	Up to 4,299	up to 6,448
Additional	\$624	\$935

\*Low-cost coverage = \$20 to \$60 /month depending on income and number of children.

### Waiting List for Basic Health

The Washington Basic Health Program is not accepting applications, with a few exceptions. To get on the waiting list, call 800-826-2444 or visit [www.basichealth.hca.wa.gov](http://www.basichealth.hca.wa.gov)  
*Note: this mainly affects adults since kids can still get Apple Health. See above box.*

### Children's Health Outreach

We help families apply for Children's Medical coverage and link them with medical and dental care. To learn about outreach in your area, or to ask questions about health care access, contact:

Daphne Pie 206-263-8369 [daphne.pie@kingcounty.gov](mailto:daphne.pie@kingcounty.gov)  
 Seattle, East King County, North King County

Cathy Aby 253-874-7642 [cathy.abby@kingcounty.gov](mailto:cathy.abby@kingcounty.gov)  
 South King County

